

# **CHARACTER ANALYSIS OF GWENDA CATARET IN MAY SINCLAIR'S *THE THREE SISTERS*:**

## **A PSYCHOLOGICAL CASE STUDY**

**THESIS**  
Submitted to English Departement  
To Fullfil Partial Requirement  
For The Degree of Sarjana Sastra



By  
NAME : EMMY RIWAN  
NIM : 4101013

**SCHOOL OF FOREIGN LANGUAGES SATYA WACANA  
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2010**



PERPUSTAKAAN UNIVERSITAS  
UNIVERSITAS KRISTEN SATYA WACANA  
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Saya yang bertanda tangan di bawah ini:

Nama : EMMY RIWAN  
NIM : 410103 Email : emmyriwan2@gmail.com  
Fakultas : SAstra & Bahasa (STBA-SW) Program Studi : SAstra Inggris  
Judul tugas akhir : CHARACTER ANALYSIS OF EWENDA CATARET  
IN MAX SINCLAIR'S THE THREE SISTERS :  
A PSYCHOLOGICAL CASE STUDY  
Pembimbing : 1. ANNA SRIASTUTI, Spd., M.HUM  
2. WAHYU SEND AJI, S.S

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UNIVERSITAS KRISTEN SATYA WACANA  
Jl. Diponegoro 52 – 60 Salatiga 50711  
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Saya yang bertanda tangan di bawah ini:

Nama : EMMY RIWAN  
NIM : 4101013 Email : emmyriwan1@gmail.com  
Fakultas : SAstra & Bahasa (STBA-SW) Program Studi : SAstra Inggris (SI)  
Judul tugas akhir : CHARACTER ANALYSIS OF GWENDA CATARET  
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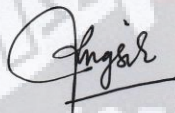


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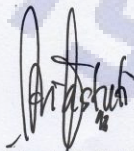
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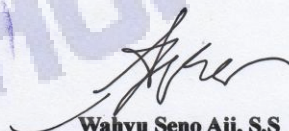
**EMMY RIWAN**  
**4101013**



**Ervin Suryaningsih, S.S**  
**(Advisor)**



**Anna Sriastuti, Spd, M.Hum**  
**(Examinator I)**



**Wahyu Seno Aji, S.S**  
**(Examinator II)**

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## TABLE OF CONTENT

<b>ACKNOWLEDGEMENT.....</b>	<b>i</b>
<b>TABLE OF CONTENT.....</b>	<b>ii</b>
<b>ABSTRACT.....</b>	<b>vii</b>
<b>ABSTRAK.....</b>	<b>viii</b>
<b>CHAPTER I: INTRODUCTION .....</b>	<b>1</b>
1. Background of the Study .....	1
2. Problems Formulation .....	3
3. Objectives of the Study .....	4
4. Significance of the Study .....	4
5. Scope of the Study .....	5
6. Definition of Terms. ....	5
<b>CHAPTER II: THEORETICAL REVIEW .....</b>	<b>8</b>
<b>2.1.Review of Related Studies.....</b>	<b>8</b>
2.1.1. May Sinclair’s The Three Sisters as Early Example of Modernist Fiction by Leigh Wilson .....	8
2.1.2. May Sinclair, Feminism, and Boredom: “a Dying to Live”, by Allison Pease .....	11
<b>2.2 Review of Related Theories .....</b>	<b>16</b>
<b>2.2.1. Character and Characterization Theories .....</b>	<b>16</b>
2.2.1. Character in Fiction .....	16
a. Protagonist – Antagonist Character .....	17
b. Round – Flat Character .....	18
c. Dynamic – Static Character .....	19

2.2.2. Characterization .....	21
a. Telling (Direct) Method .....	21
1). Characterization through appearance.....	22
2). Characterization through narrator .....	23
b. Showing (Indirect) Method.....	24
1). Characterization through dialog.....	24
A. Characterization through what has been said by the Character.....	25
B. Characterization through what other character said about the character analyzed.....	26
2) Characterization through action.....	27
A. The behavior of the character.....	27
B. The expression of the character.....	28
<b>2.2.2. Dynamic Model Theory of Conscious and Unconscious by Sigmund Freud.....</b>	<b>28</b>
2.2.2.1. Defense Mechanism.....	35
a. Repression .....	36
b. Reaction Formation.....	37
c. Projection .....	38
d. Displacement.....	39
e. Intellectualization.....	40
f. Denial.....	40
g. Sublimation.....	41

2.2.2.2	Reviews on Variation of Freudian Personality Theory.....	42
a.	Early Dissenter.....	42
1).	Carl Jung's Analytic Psychology.....	42
2).	Alfred Adler's Individual Psychology.....	43
b.	Neo-Freudian.....	44
2.3.	Theoretical Framework.....	45
<b>CHAPTER III : RESEARCH METHOD.....</b>		<b>48</b>
3.1.	Object of the Study.....	48
3.2.	Approaches of the Study.....	48
3.3.	Method of the Study.....	49
<b>CHAPTER VI : ANALYSIS AND INTERPRETATION.....</b>		<b>52</b>
4.1.	Characterization Analysis and Interpretation.....	52
4.1.1.	The characteristics of Gwenda as seen through her appearance.....	52
4.1.2.	The characteristics of Gwenda as seen through the narrator's description.....	54
4.1.2.1.	Gwenda as <i>smart</i> and <i>independent</i> character.....	54
4.1.2.2.	Gwenda as <i>energetic</i> character.....	55
4.1.2.3.	Gwenda as <i>compassionate</i> character.....	57
4.1.2.4.	Gwenda as <i>sensitive</i> character.....	59
4.1.2.5.	Gwenda as <i>full of passion for life</i> character.....	61
4.1.2.6.	Gwenda as <i>fragile – hearted</i> character.....	63



<b>4.1.3. The characteristics of Gwenda as viewed from dialogue.....</b>	<b>67</b>
4.1.3.1. Gwenda's characteristics through her thought or said about herself....	68
a. Gwenda as a <i>strong</i> girl.....	68
b. Gwenda as a <i>compassionate</i> sister.....	70
c. Gwenda as <i>sensitive</i> character.....	71
4.1.3.2. Gwenda's characteristics through what other characters said	
about her.....	73
a. Gwenda as <i>energetic youth female</i> .....	73
b. Gwenda as <i>stubborn</i> or <i>strong willed</i> – <i>self</i> character.....	75
c. Gwenda as <i>capable of anything</i> or <i>independent</i> character.....	78
d. Gwenda as <i>intelligence</i> character.....	82
<b>4.1.4. The characteristics of Gwenda as seen through her action.....</b>	<b>84</b>
4.1.4.1. Gwenda's characteristics through her behavior.....	84
a. Gwenda as ( <i>furious reader</i> ) <i>intelligent</i> character.....	84
b. Gwenda as <i>compassion</i> character.....	85
4.1.4.2. Gwenda's characteristics through her expression.....	86
a. Gwenda as <i>strong and sane (healthy)</i> character.....	86
b. Gwenda as <i>compassionate</i> character.....	87
<b>4.1.5. The Characteristics of Gwendolen Cataret in Summary.....</b>	<b>88</b>
<b>4.2. Psychodynamic Analysis and Interpretation.....</b>	<b>91</b>
4.2.1. Gwenda's Defense Mechanism of Repression in Her Fragility.....	92
4.2.2. Gwenda's Defense Mechanism of Reaction Formation in Her Compassionate	
Heart.....	100

4.2.3. Gwenda's Defense Mechanism of Projection in Her Sensitivity.....	103
4.2.4. Gwenda's Defense Mechanism of Displacement in Her Compassion....	105
4.2.5. Gwenda's Defense Mechanism of Intellectualization in Her Capable of Anything or Independent and Strong Willed-Self.....	107
4.2.6. Gwenda's Defense Mechanism of Denial in Her Stubbornness and Strong Willed-Self.....	112
4.2.7. Gwenda's Defense Mechanism of Sublimation in Her Intelligence.....	116
<b>4.2.8. Gwenda's Psychodynamic in Summary.....</b>	<b>118</b>
<b>CHAPTER V: CONCLUSION AND RECOMMENDATION.....</b>	<b>120</b>
<b>5.1. Conclusion.....</b>	<b>120</b>
<b>5.1.1. Gwenda's Characteristics.....</b>	<b>122</b>
<b>5.1.2. Gwenda's Psychodynamic Side Views through Her Personality.....</b>	<b>124</b>
5.1.2.1. Gwenda's Repression.....	125
5.1.2.2. Gwenda's Reaction-Formation.....	127
5.1.2.3. Gwenda's Projection.....	128
5.1.2.4. Gwenda's Displacement.....	129
5.1.2.5. Gwenda's Intellectualization.....	130
5.1.2.6. Gwenda's Denial.....	130
5.1.2.7. Gwenda's Sublimation.....	131
<b>5.2. Recommendation.....</b>	<b>132</b>
<b>REFERENCES.....</b>	<b>134</b>
<b>APPENDICES.....</b>	<b>137</b>
Appendix A.....	137
Appendix B.....	141

## ABSTRACT

Psychology as human product of creativity in knowledge to understand people into a more deeper sense through the psyche side of humanity, is a scientific way to recognize one's potential, thus, it can be use to develop and to optimalize every talents of an individual that they will do good for the surround environment. In other side, generally, Psychology is related to psyche weakness or it's dysfunction, that it will be studied to find out the root of the problems and to be discover it's plenty probabilities solution. Compared with the physical condition, human's psyche is the very innermost of human existence regarding their daily behaviour. In which, physical condition of a man related with the things appear directly to what people's eyes can see, while human's psyche directly cooperates with the unseen things by our eyes. It more relates with the things we can realize it's existence within ourselves by our senses; it is our emotion, our mind, the way we think and feel about ourselves for being a living creature, that mostly guided our physical act.

In this study, we are going to know the relationship between human characteristics and their psyche. Human characters are resulted from human inner core struggling processes as overcoming some outer and inner stimulant influences. That according to Sigmund Freud, most of those influences are deeply stored in human mind, more specifically, in the unconscious part of mind, that will influence human's conscious mind, and those influences come out as people's behaviour. Thus, the way people behave showing their characteristics, in other word, we can recognize someone's personality by their act. Those acts are resulted from psyche struggling process, as about unconscious part of mind influences the conscious one, which as it tries to cope between inner desires with outer reality demand, that will create most of the things stored within the unconscious mind, later the stored things influenced mostly human consciousness, as Freud believed. The psyche struggling process, Sigmund Freud calls as Defense Mechanism, a psychological tool to examine human existence as seen through their characteristics, how can such a chracteristic exist in an individual. In other word, Defense Mechanism reveals human certaint characteristics are a result of struggling process of influences power of unconscious mind over the conscious.

In this literature study, the subject to be studied is Gwenda Cataret, one main character among the other two, in *THE THREE SISTER* by May Sinclair. In whom, Gwenda, living as a young single woman in Edwardian time (18<sup>Th</sup> Century, Great Britain), She meets what every human being can meet, those life problems of inner desires and outer reality demand should be overcame, that creating her true self. Her existence as human being develops from the struggling process of her unconscious influential mind toward her consciousness. She become a certaint female individu with certaint characteristics, those are resulted from the defense mechanism process.

## ABSTRAK

Psikologi sebagai suatu produk kreativitas umat manusia dalam bidang pengetahuan untuk memahami kemanusiaan (sifat-sifat) manusia secara lebih mendalam melalui sisi psikisnya, merupakan suatu sarana ilmiah untuk mengenal potensi tiap pribadi, sehingga bisa mengembangkan dan mengoptimalkan setiap talenta yang ada pada seseorang, sehingga bermanfaat baik bagi dunia sekitarnya, selain secara umum Psikologi dikaitkan dengan masalah kelemahan atau ketidakberfungsian kejiwaan seseorang dengan baik, yang kemudian akan diteliti sumber permasalahan tersebut, untuk kemudian ditemukan berbagai kemungkinan solusi untuk setiap problema tersebut. Dibandingkan dengan keadaan fisik manusia, keberadaan psikisnya adalah bagian terdalam yang menjadi inti dari keberadaannya sebagai umat manusia yang tercermin melalui perilaku atau tindakan fisiknya dalam kehidupan sehari-hari. Yang mana, keadaan fisik seseorang berhubungan langsung dengan hal-hal yang kasat mata. Namun, keberadaan psikis seseorang berkenaan langsung dengan hal-hal yang tak kasat mata, yang lebih mengacu kepada hal-hal yang kita sadari keberadaannya dalam dirinya melalui indera perasa; hati dan pikiran, cara manusia berpikir dan merasakan keberadaannya sebagai makhluk yang hidup. Hal-hal tersebut akan menentukan tindakan yang dilakukan oleh tubuh jasmaninya.

Penelitian dalam skripsi ini menunjukkan bahwa sifat-sifat seseorang yang membentuk karakternya adalah hasil dari keberadaan psikisnya, yaitu inti terdalam kemanusiaannya yang mengalami proses pengumpulan untuk mengatasi pengaruh stimulus dari dalam dan luar dirinya. Yang menurut Sigmund Freud, sebagian besar dari pengaruh-pengaruh tersebut tersimpan jauh didalam alam bawah sadar manusia, yang kemudian akan sangat mempengaruhi keberadaan alam sadarnya dan hal tersebut akan muncul dalam perilakunya. Lebih lanjut, perilaku manusia adalah cerminan karakteristik (sifat-sifat) mereka, yang adalah hasil dari proses psikis dalam mengolah kehendak dalam dirinya yang harus diseimbangkan dengan kebutuhan lingkungannya. Proses usaha psikis tersebut oleh Sigmund Freud disebut sebagai Mekanisme Pertahanan (Defense Mechanism), yaitu suatu sarana psikologi yang mengamati keberadaan manusia untuk menjelaskan perilakunya, munculnya atau terciptanya suatu tindakan tertentu dapat ditelusuri melalui proses pengaruh alam bawah sadar manusia terhadap kesadarannya. Dengan kata lain, Defense Mechanism dapat digunakan untuk menyingkapkan proses terbentuknya suatu karakteristik seseorang, yang merupakan hasil dari pengaruh alam bawah sadar manusia terhadap alam sadarnya.

Dalam studi karya sastra ini, subyek yang diteliti adalah Gwenda Cataret, salah satu dari tokoh utama dari sebuah novel dengan Judul *THE THREE SISTER*, karya May Sinclair. Gwenda Cataret adalah seorang perempuan muda lajang yang hidup pada era Edwardian (abad 18an, Inggris Raya). Ia harus menghadapi segala sesuatu yang juga dihadapi oleh semua orang, yaitu problema kehidupan untuk mengatasi kehendak pribadi yang harus disesuaikan dengan kebutuhan lingkungan (masyarakat sekitar), yang akhirnya akan menciptakan keberadaannya sebagai sesosok individu. Seorang perempuan berkarakter yang ditempa melalui proses pengaruh pikiran alam sadarnya terhadap kesadarannya, yaitu Defense Mechanism.